

Title of the postgraduate specialist study: Postgraduate university specialist study <i>Mental health in families, children, and youth in the community</i>
Scientific area: 8.0 Interdisciplinary sciences
Field: 8.05. Educational sciences
Duration of the study: 3 semesters
Academic title: University specialist in family, children, and youth counselling (<i>univ. edu.</i>)
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The Doctoral/Postgraduate Specialist Study Council: Prof. Tajana Ljubin Golub, PhD Associate Professor Jasna Kudek Mirošević, PhD Prof. Siniša Opić, PhD Prof. Emerita Majda Rijavec Prof. Damir Velički, PhD
<p>The postgraduate university specialist study <i>Mental health in families, children, and youth in the community</i> is a specialist study designed to train postgraduate students to detect the difficulties and to guide and counsel families, children, and youth. Its aim is to protect mental health and prevent illnesses, according to the definition of primary prevention of mental health provided by the World Health Organization, and to prevent various forms of social deviance. The study programme is based on the developmental approach to children and youth, incorporating the humanistic and integrative approach. Due to specific issues associated with family life, the study is based on understanding the needs and developmental phases of children and youth and meeting these needs within the family context, with the help and support of the family. Students will acquire knowledge, values, attitudes and skills necessary to understand and provide support to children, youth and families in meeting their psychological needs, with the aim of ensuring their health, psychological well-being, development and learning. Special emphasis is placed on short counselling and prevention activities aimed at people who do not have serious psychological disorders. These activities have been designed to develop their psychological well-being and resilience.</p> <p>In the first and second semester, students have 5 compulsory courses per semester, whereby they can earn 30 ECTS points per semester. In the third semester, students take 3 elective courses, and upon completion of the study they write the specialist thesis, earning 15 ECTS points. The specialist thesis is a professional or scientific paper in which a student shows his/her mastery of the study programme content and proves his/her ability to explore independently the chosen theoretical or practical problem from his/her field of study.</p>

Enrolment conditions:

Enrolment is possible for candidates who have completed undergraduate or graduate studies in social work, medicine, psychology, education and rehabilitation sciences, theology, sociology, pedagogy, teacher education, criminology, and other social sciences and humanities, equivalent of 300 ECTS points, and who have at least two years of work experience.

Tuition fee per semester: 12,500.00 kn / 1,659.04 EUR